

Come join Girls on the Run!

Girls on the Run focuses on building social, emotional and physical skills in girls while encouraging healthy habits for life. The season comes to an end with a joyful and fun non-competitive 5K. Girls on the Run is a national organization that requires registration and a fee based on your family's situation. It is also limited to a maximum of 15 girls on the team to ensure safety and engagement.

Who: Girls in 3-5th Grade

When: Sept 14-Nov 11 Tuesdays and Thursdays 3:15-4:45 pm

Where: Meet in Ms. Heidick's room (Room 105)

For more information please visit; <https://www.girlsontherun.org/>

Bring this half back to school and turn in to Ms. Heidick (Room 105) or Ms. Gerlinger (Room 129)

Student Name: -----

Room Number/Teacher: -----

Family Contact

Phone: -----

Email: -----

Parent/Guardian Signature: -----